

For more information, contact:

**Hannah Hoffman, MT-BC**  
Music Therapist - Board Certified

Hannah Hoffman is a board-certified music therapist and the owner of Remedies in Rhythm LLC, based in northern Michigan. Driven by a passion for integrating music therapy into her community, she has built a thriving practice that serves individuals throughout the region. Recently, she expanded her reach by opening a clinic space in Alanson, MI, where she provides therapeutic services to a diverse client base. Hannah is honored to bring this unique and impactful service to the northern Michigan Community.



## WHAT WE DO



### INDIVIDUAL SESSIONS

Our individual music therapy sessions are conducted in-person and virtually anywhere to enhance emotional wellness, foster resilience and coping, and create meaningful connections through the power of music therapy.

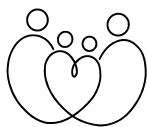
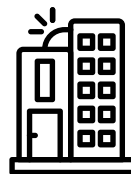


### GROUP SESSIONS

We offer unique group programs and partner with local organizations to provide group services to clients of all ages and abilities.

### FACILITY PARTNERSHIPS

We collaborate with facilities throughout northern Michigan to deliver individualized programming that enhances the well-being of all individuals. Our services include individual and group sessions tailored to the unique needs of each partner.



### LEGACY BUILDING

We help families create lasting memories through Heartbeat Recordings and Heart Songs - timeless works of art that endure for generations. By capturing a loved one's heartbeat, we craft unique recordings and songs that keep their presence alive through music.

## CONTACT US



6232 River St, Alanson, MI 49706



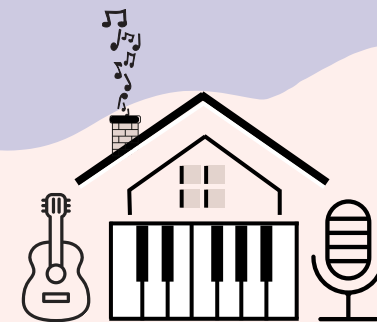
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[remediesinrhythm.com](http://remediesinrhythm.com)



## REMEDIES IN RHYTHM

Music Therapy | Adaptive Lessons

## MUSIC FOR LITTLES



**TINY TUNES** AGES 0-4

**Mini Melodies**

AGES 5-6



## WHAT IS MUSIC THERAPY?

Music therapy is an evidence-based approach to supporting children's emotional, social, and developmental needs. Through engaging musical activities, board-certified music therapists help children learn, connect, and thrive.

## WHO IS IT FOR?

Music therapy is perfect for children of all ages, whether they are neurotypical or have developmental delays, sensory processing challenges, or social and emotional needs.



## WHY MUSIC THERAPY?

Music is a natural part of childhood—it's fun and engaging! Music therapy taps into this love for music to:

- Encourage social interaction
- Boost communication skills
- Improve motor coordination
- Enhance emotional regulation
- Spark creativity and imagination

## WHAT HAPPENS IN A SESSION?

Sessions are tailored to each child's developmental level and interests. Activities might include:

- Singing: Helps with language development and self-expression.
- Dancing and Movement: Improves coordination and body awareness.
- Playing Instruments: Builds fine motor skills and encourages turn-taking.
- Musical Storytelling: Promotes listening and imagination.
- Group Music Making: Fosters teamwork and social bonding.

## CHECK OUT:

**TINY TUNES** ages 0-4

**Mini Melodies** ages 5-6

for more information, visit [remediesinrhythm.com](http://remediesinrhythm.com)

## BENEFITS FOR CHILDREN AND FAMILIES

1. Strengthens Parent-Child Bonds: Music therapy can involve parents and caregivers, creating meaningful shared experiences.
2. Supports Early Development: Musical activities help develop language, motor, and cognitive skills in a fun and engaging way.
3. Encourages Emotional Expression: Music provides a safe outlet for children to express feelings they may not yet have words for.

## JOIN US

Discover the healing power of music for you or your loved one. Our music therapy programs are:

- Accessible: Sessions available in group or one-on-one formats.
- Personalized: Tailored to each individual's musical preferences and abilities.
- Compassionate: Led by experienced, board-certified music therapists.

YOUR CHILD WILL LAUGH,  
PLAY, AND GROW THROUGH  
THE MAGIC OF MUSIC.  
TOGETHER, WE'LL CREATE A  
FOUNDATION FOR LIFELONG  
LEARNING AND JOY.