

MUSIC THERAPY ASSESSMENT REQUEST

(non-school related settings)

 Name:
 _____ Date of Birth:

 Completed By:
 _____ Date:

This form is a request for a *music therapy assessment* conducted by a board-certified music therapist to support goals related to ______.

related areas (not limited to): trauma, bi-polar disorder, Alzheimer's or related dementias, depression, schizophrenia, intellectual disabilities etc.

______ shows improved motivation and responsiveness when music is present, which I think could translate to supporting their current diagnosis.

Music has been observed to have a *positive effect* in the following areas:

- □ Motivation to complete tasks
- □ Attention/focus
- □ Social engagement with peers
- □ Verbal communication
- □ Nonverbal communication
- Emotional regulation
- □ Ability to learn or retain information
- ☐ Fine motor planning and execution
- Gross motor planning and execution
- Other:

Based on these observations, I believe music therapy would benefit ______.

Please list current or previous therapies:

Current list of medications include:

Medical Providers name and location information:

Thank you for your consideration. Please submit this document to Hannah Hoffman, MT-BC hannahhoffmanmtbc@gmail.com

Sincerely,	
Name:	Date:
Phone Number:	_
Email Address:	